

LESROOSTER

PERIODE
DECEMBER 2023

| MAANDAG | DINSDAG | WOENSDAG | DONDERDAG | VRIJDAG | ZATERDAG | ZONDAG |
|---|-------------------------|----------------------------|---------------------------|----------------------------|-------------------------|--------|
| 09:00 - 10:00 GLADIATOR | 09:00 - 09:45 BBB | 09:00 - 10:00 GLADIATOR | | 09:00 - 10:00 GLADIATOR | 09:30 - 11:00 YOGA | |
| | 10:00 - 11:00 FUNFIT | | 10:00 - 11:00 FUNFIT | | 10:00 - 11:00 FUNFIT | |
| 11:30 - 12:00 FYSIO-FIT FYSIO HEIKANT | | | | | | |
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| 19:00 - 20:00 GLADIATOR | | | 19:00 - 19:30 HIIT | | | |
| 19:00 - 20:00 BOKS-FIT | 19:00 - 20:00 BBB | 19:00 - 20:00 GLADIATOR | 19:00 - 20:00 BOKS-FIT | | | |
| | | | 19:30 - 20:30 ZUMBA | | | |

ANYTIME FITNESS

VELDHOVEN

